



Prince's Trust

# Team programme



# ARE YOU BETWEEN 16 - 25?

If so: Do you live where you want? Do you do the job you want? Are you the person you want to be?

If you answered no and you are serious about your future, want to increase your job prospects in 2019 & make new friends, then come and join...

## The Prince's Trust Team Programme - A 12 Week Personal Development Course

### IMPROVE YOUR

Confidence - Communication - Problem Solving - Leadership - Caring for Others - Motivation - Tolerance - Working with Others - Reliability - Setting and Achieving Goals and Job Search Skills.

8 out of 10 who complete the course move into Employment, Education or Training

Gain yourself a Nationally Recognised Qualification without taking Exams:  
Level 1 Certificate in Employment, Teamwork and Community Skills

## Starts Monday 30th September 2019 at 9am

Bedford College Learning Centre, 88 High Street, Bedford, MK40 1NN

This multi - award winning Team Programme is free and we reimburse travel costs\*





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Part of The Bedford College Group

## MEET NEW PEOPLE

Don't worry about turning up on your own - there'll be about 15 people joining and everyone will be in the same situation. It'll be informal and there'll be plenty of activities so you'll soon feel part of the team.

### WEEK 1: INDUCTION WEEK

Over this week, you'll start planning for the weeks ahead - setting out what you want to achieve and planning for a week away.

### WEEK 2: RESIDENTIAL

You'll spend this week away - trying new things and learning how to work with others. This gives you a chance to break away from your current situation. The sort of things you could do include abseiling, rock climbing, caving and much more!

### WEEKS 3-6: COMMUNITY PROJECT

As a Team you'll decide on a project to benefit your local community and carry it out. You might be surprised at what you can achieve together. This gives you great experience to talk about at interviews.

### WEEKS 7-8: WORK PLACEMENTS

This is the time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company to see whether you like it.

### WEEK 9: NEXT STEPS

Time to plan your next steps after the programme. You'll get professional help to write a fantastic CV, practice your interview skills and make applications.

### WEEKS 10-11: TEAM CHALLENGE

You and your Team will take on a challenge to help others in the community. This is when you get to test out all the skills you'll have worked on so far.

### WEEK 12: FINAL PRESENTATION

In your final week you'll deliver a presentation with your Team to an invited audience. This is your chance to show off the talents you've discovered. This may sound scary now, but after 12 weeks on Team you'll be surprised at how far you've come.

**Don't miss out. Sign up to the next Team today!**



**For more information contact:**

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