



Hospitality & Catering 2009/2011

Level 1 Programme at Bridges

NVQ in Food Preparation & Cooking / Food & Drink Service

Introduction

NVQ's are qualifications based on national standards set by industry. These national standards define the skills and knowledge required in employment. Also, as NVQ's are work-based qualifications most of the evidence you will need will be provided by working in Bedford College's Skyline Restaurant and kitchens.

Content

In order to gain a full NVQ Certificate, candidates must complete the following units:

Food Preparation & Cooking

- Maintain a safe, hygienic and secure working environment
- Contribute to effective teamwork
- Maintain food safety when storing, preparing and cooking food
- Prepare vegetables
- Prepare and finish simple salads and fruit salads
- Prepare hot and cold sandwiches
- Cook and finish simple bread and dough products

Food & Drink Service

To achieve this qualification candidates must complete:

- Maintain a safe, hygienic and secure working environment
- Maintain customer care
- Contribute to effective teamwork
- Maintain food safety when storing, holding and serving food
- Prepare and clear areas for table/tray service
- Provide a table/tray service

Assessment

The NVQ system requires you to provide sufficient evidence which shows that you can work to the national standards contained within the qualification. Candidates

are required to record evidence of practical assessments and complete an on-line assessment for the Maintain food safety when storing, preparing and cooking food unit.

Progression

Level 2 in Food Preparation & Food Service and/or employment/apprenticeship.

Entry Guidance

In order to take part in this course you need to have a reasonable level of reading and writing skills along with an interest in hospitality and catering and dealing with people. You will be expected to wear a uniform (supplied by Bedford College).

There are three stages to entry:

- Application Form – to be submitted through your school
- An opportunity to visit the College and see our facilities and talk to staff
- Successful completion of the pre-course session in June 2009