



Childcare 2009/2011

Level 1 Programme at Bridges

Foundation Award in Caring for Children

Introduction

This is an introduction to the Early Years sector for young people who may want to work with children. The Foundation Award will equip suitable candidates to progress to appropriate qualifications at Level 2 such as the Certificate in Childcare and Education or the NVQ in Early Years Care and Education at Level 2.

Course Content

- Unit 2 Human Growth and Development from Birth to Old Age - the sequence of human growth and lifespan development
- Unit 3 Food and Nutrition – Principles of a balanced diet, food preparation and presentation for children, feeding babies and the religious and cultural influences on food
- Unit 4 Health and Safety Practices in Home Group Settings – Personal hygiene, spread of infection, food storage and handling, hazard recognition and accident prevention, basic first aid
- Unit 5 Care of Children – Children’s basic needs, care procedures and routines for children of different ages
- Unit 6 Play and Practical Activities – Play as part of development, different types of play, preparation for play and activities, role of the adult in play.

There are also two more units which you will cover as part of your normal school programme:

- Unit 1 Personal Development
- Unit 7 Orientation to work programme

Work experience in a childcare setting is an essential part of the programme and will be organised by your school. This may be your standard two-week work placement or in addition and carried out during the school holidays.

Additional Study

During the course you will have the opportunity to work towards additional qualifications as follows:

- Basics of Babysitting (College Certificate)

- Lifesaver First Aid for Babies and Children (College Certificate)
- Basic Food Hygiene (CIEH Certificate)
- Baby Massage (College Certificate)

Assessment

Units are assessed in a variety of ways. These assessments are carried out by Bedford College and moderated by CACHE. At the end of the programme there is a short answer test paper. Candidates who achieve the qualification will be given an overall grade of Pass, Merit or Distinction.

Progression

If you complete this course and receive a good placement report, you will be able to progress to the CACHE Certificate in Childcare & Education Level 2 or an Apprenticeship programme. You may also progress directly to the CACHE Diploma in Childcare and Education subject to meeting entry criteria specified in the College prospectus.

Entry Guidance

In order to take part in this course you need to have a reasonable level of reading and writing skills along with an interest in childcare and dealing with people.

There are three stages to entry:

- Application Form – to be submitted through your school
- An opportunity to visit the College and see our facilities and talk to staff
- Successful completion of the pre-course session in June 2009.

NB. The Awarding Body, CACHE is currently developing and updating qualifications therefore the content of this programme may change.