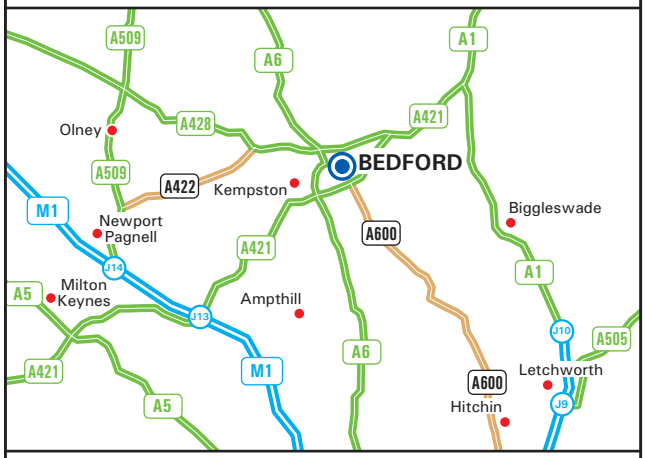
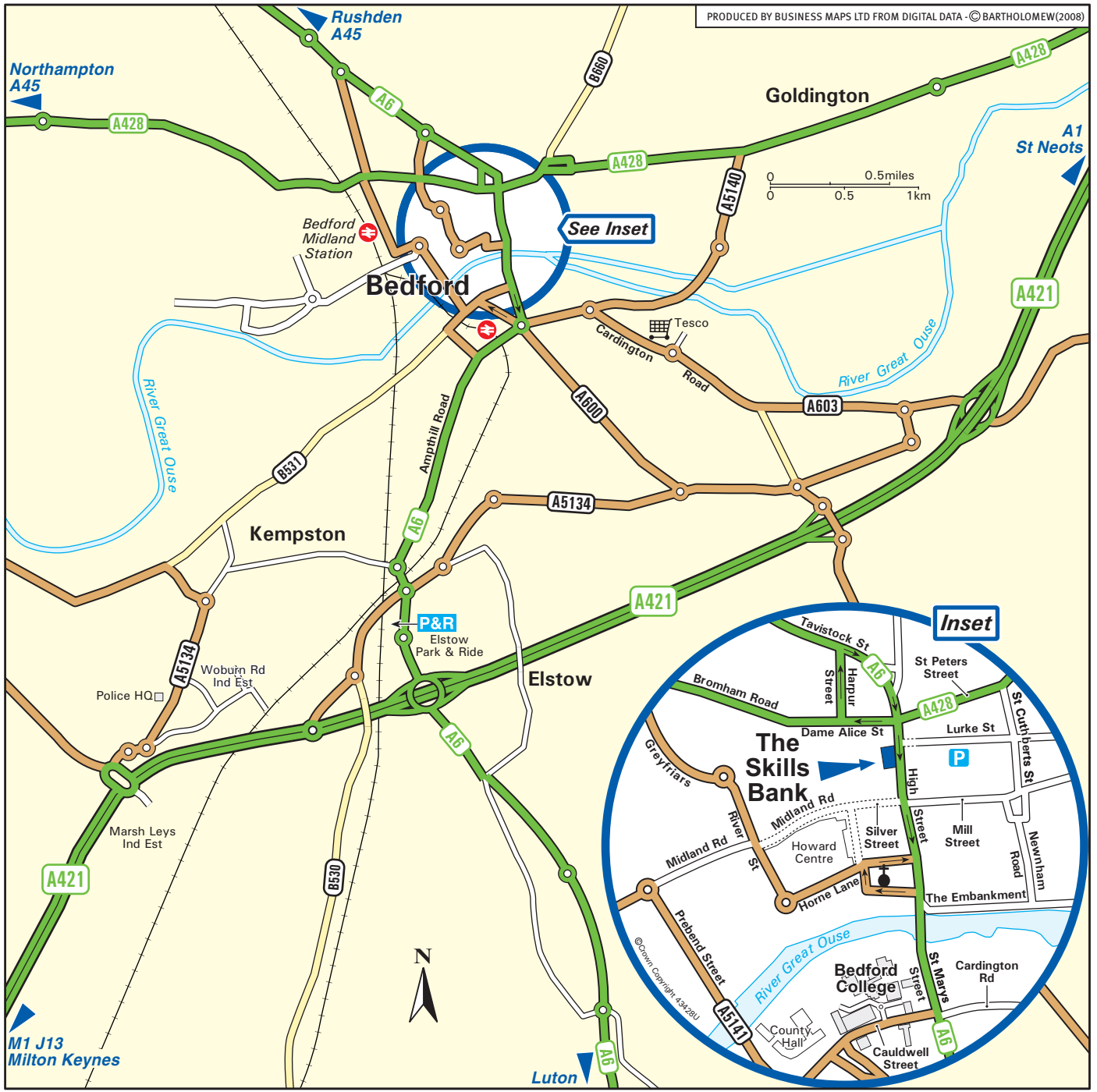
**The Skills Bank**
88 High Street, Bedford MK40 1RG
Tel: 01234 269137




**From M1**
Leave the M1 at junction 13 (signed Bedford & A421).
Remain on the A421 for 7 miles, until the roundabout junction with the A5134.
Take the A421 exit, following signs for Cambridge.
Go straight over the next roundabout following signs for Cambridge A421.
Leave the A421 at the first exit , signed Luton, Bedford, A6 & Elstow.
At the roundabout take the first exit onto the A6, following signs for Bedford.
Continue over three roundabouts onto Ampthill Road (A6).
Stay in right hand lane and go through set of traffic lights (signed Town Centre).
At the next roundabout, take the first exit onto Kingsway.
Stay in right hand lane and turn right onto Cauldwell Street.
Get into the left hand lane and follow the road round onto St Mary's Street.
Join the one-way system and take the right hand lane to go round St Paul's Square.
Turn left onto The Embankment (after McDonalds), then turn left at roundabout onto Newnham Road.
Take the third exit at the next roundabout onto St Cuthbert's Street.
Take the next turning on the left onto Lurke Street, a multi storey car park can be found on the left-hand side.
From the car park, walk down Lurke Street towards the High Street

**By Train**
Bedford receives services from London St. Pancras, Luton Airport, Leicester, Loughborough & Derby.

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